

Rok

restaurant

Bracelet Bay, Mumbles

Thursday & Friday lunchtimes

2 course £26 | 3 course £32

snacks

Milk bun, sea salt, Calon Wen butter (v) £5

Gordal olives (v) £5

Tempura cockles, yuzu & kelp dip £6

Isle of white tomato toast, manchego £6

Burrata, tomato, sunflower (v) £11

starters

Corn beef bon bons, gruyere, reuben dressing

Korean fried chicken, kimchi, gochujang

Fattoush Lebanese salad

Gower asparagus, candied beetroot, sherry vinegar (ve)

mains

Chicken, nduja, crispy parmesan, pappardelle pasta

Market fish, Pembrokeshire new potatoes, fennel, laverbread hollandaise crumb

Rok burger, applewood cheese, smoked bacon jam, crispy onions, chips

Tandoori salt baked sweet potato, chickpea salsa, yoghurt (ve)

desserts

Caramelised white chocolate panna cotta, British strawberries £9

Sticky toffee pudding, ice cream (v) £8

Chocolate cremeux, miso caramel, crème fraîche £8

Peach melba, vanilla ice cream (voa) £8

sides

Rok chips (v) £5

Rok chips, truffle & parmesan £6.50

Carrots, chive butter (v) £5

Spring vegetables (v) £4

Pembrokeshire new potatoes (v) £4

@rok_mumbles ☎ 01792 712210

(v) Vegetarian (ve) Vegan (voa) Vegan option available - Most of our recipes can be tailored to cater for any specific dietary requirement so please ask your server. Please let us know if you have any allergies so we can provide further guidance.

In line with most other restaurants, we have added a 12.5% discretionary service charge to your bill which is shared exclusively with our amazing front of house & kitchen team. This can be removed at your request.